

Gender-Affirming Care

Gender-Affirming Care prepares healthcare providers to build cultural competency in support of transgender individuals and understanding of the specific health challenges faced by the transgender community.

CE: 1.0 CME | 1.0 CNE | 1.0 NASW



**Simulation
Duration:**
35-45 min

**Curriculum
Hours:**
4 Hrs

Contents and Learning Goals

- ✔ Explore social determinants of health and incorporate gender-affirming conversation techniques to guide patient care
- ✔ Incorporate open-ended, gender-affirming questions to elicit patient preferences, needs, barriers and goals
- ✔ Use relationship-centered communication techniques to address smoking cessation, hypertension and depression with patients

Case

Conversation Time: **10 min**
Communication Skills Didactic: **6 min**



NAME
Nicky Hill

AGE
52

PRONOUNS
she, her, hers

SCENARIO

Nicky is a 52 year old transgender woman who distrusts healthcare providers because of previous negative experiences seeking care. Nicky is a smoker and has hypertension, but changes in her personal life are preventing her from quitting smoking.

GOALS

Gain Nicky's trust, listen to her concerns about finding a supportive healthcare and community network. Discuss smoking cessation and assess barriers to treatment adherence including possible mental health issues.

CONTACT US AT CLINICAL.TRAINING@KOGNITO.COM OR 212.675.9234